



Ahmednagar Jilha Maratha Vidya Prasarak Samaj's

New Arts, Commerce and Science College Shevgaon

INTERNAL QUALITY ASSURANCE CELL

CRITERION 5: STUDENT SUPPORT AND PROGRESSION

5.1.2. Capacity building and skills enhancement initiatives taken by the institution during last five years

LIFE SKILL



2017-2022

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LIFE SKILL

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PRINCIPAL
New Arts Commerce & Science College
Shevgaon, Dist. Ahmednagar

Ahmednagar Jilha Maratha Vidya Prasarak Samaj's
New Arts, Commerce and Science College, Shevgaon
Activity Report: Special Lecture
Alumni Association


Name of the Activity: Special Lecture on Health and Wealth (आरोग्यमधनसंपदा).			
Date	Faculty	Department/Committee	Name and Phone No. of the Coordinator/Convener
22 nd June 2022	Arts/Science/Commerce	Alumni Association and IQAC	Dr. Pandurang Y. Thombare (9960203273)
Time	Venue	Activity for Class/group & Number of Participants	Nature of the Activity
10.30 am	Rajarshi Shahu Maharaj Sabhagruh	Open to all: 153	Special Lecture on Health and Wealth (आरोग्यमधनसंपदा).

Brief Information about the Activity:

Topic/ Subject of the Activity	Special Lecture on Health and Wealth (आरोग्यमधनसंपदा).
Objectives for Conducting the Activity	<ul style="list-style-type: none"> • To guide to the participants about importance of Ayurvedic and naturopathy for human health. • To create awareness among students and society about Ayurvedic and naturopathic medicines. • To make students and society how to live a healthy life through home naturopathy. • To understand • To make participants aware about Hygiene and precaution in daily life.
Methodology of Execution:	Description of Activity in Brief:
	Internal Quality Assurance Cell and Alumni Association of College decided to organize, Lecture on Special Lecture on Health and Wealth (आरोग्यमधनसंपदा). Therefore, Alumni association conducted webinar on 22 nd June 2022 at 10.30 am. On this occasion renowned naturopathy expert Honorable Shri. Swagataji Todkar delivered lecture on 'Health and Wealth (आरोग्यमधनसंपदा). He told some home remedial measures for some disorders about how to live a healthy life with home naturopathy methods. Shri. Sanjay Phadke, President of Alumni Association was presided this programme and expressed thoughts about the programme. Principal Dr. Purushottam Kunde welcomed the guests and all alumni members and citizens. Vice Principal Dr. Y. S. Sudke, Dr. Ravindra Vaidya, Alumni members, Teachers, Pensioners, citizens were present for the programme. Shri. Sanjay Phadake, President Alumni Association and all members was present this programme. Coordinator, Dr. P. Y. Thombare, IQAC Coordinator, Dr. Ravindra

	<p>Vaidya all Teaching and non-teaching staff was present this programme. Mr.Arvind Deshmukh, Secretary Alumni association introduced about the programme. He talks about the college and aim of the programme. Dr. Pandurang Thombare proposed vote of thanks. A large number of people attended the event. There are 153 participants were present for this programme.</p>
<p>Outcomes of the Activity</p>	<ul style="list-style-type: none"> • Participants understood importance of Ayurvedic and naturopathy for human health. • Students and society make aware about Ayurvedic and naturopathic medicines. • Participants understood how to live a healthy life through home naturopathy. • Participants were aware about hygiene and precaution in daily life. • Students and participants get aware about Kitchen room items are found to be useful as home remedies for many of these ailments.

Proofs of Documents Attached:

<p>1) Brochure of Programme</p> 	<p>2) Invitation Card of Programme https://youtu.be/pGN4Lky6rxY (Link of Advertise)</p> 
<p>3) Programme Schedule</p> 	<p>4) Photograph: Welcome to Alumni President and the Treasurer College Teachers</p> 

4) News published in News paper

राष्ट्र सहाय्यी 23 Jun 2022 - 23 Jun 2022 - Page 7

बाहेरील देश आयुर्वेद मानतात पण आपण दुर्लक्ष करतो : तोडकर

प्रतिनिधी । राष्ट्र सहाय्यी

शेवगाव : येथील न्यू आर्ट्स महाविद्यालयाने माजी विद्यार्थी संघ यांच्या वतीने निरमाप्यार तसे स्वगत तोडकर यांचे आरोग्यस धनसंपदा या विषयावर विशेष व्याख्यान आयोजन करण्यात आले आहे. आयुर्वेद हा भारतातील अस्तुती बाहेरील देश आयुर्वेद मानतात पण आपण मात्र त्याकडे दुर्लक्ष केलेले दिसून येत असल्याचे डॉ. स्वगत तोडकर म्हणाले. निरमाप्यारिडे वळून भरभरून आयुष्य जगण्यासाठी घरगुती निरमाप्यार पद्धतीने निरोगी आयुष्य कासे जगाचे वाचवून त्यांनी काही विकारावर घरगुती उपाय सांगितले आहेत. केसांची निगा, गुडघोटुडीवर उपाय, पित्त, कॅन्सर, मूलखंडा,



मुळन्याभी या न आशा प्रकारच्या अनेक रोगांवर रामबान उपाय आपल्या ओघवल्या शैलीत स्वगत तोडकर यांनी सांगितले. या सर्व विकारावरील घरगुती उपाय हे आपले प्राचीन ग्रंथ वाचून घेता अवगत झाले. वाचनातून अवगत झालेल्या ज्ञानाचा उपयोग सर्वांना व्हावा म्हणून असे व्याख्यान ही महाविद्यालयाने देत असतो, असे तोडकर सांगितले.

आयुर्वेदिक उपचारावैधी आपण

तीस टक्के जरी अमलात आणले तरी खर ते पैली टक्के आपले आयुष्य निरोगी होऊ शकते. त्यामुळे सर्वांनी तीस टक्के तरी या उपचारांचा अवलंब आपल्या आयुष्यात करावा अशी अपेक्षा त्यांनी सर्वांकडून व्यक्त केली. व्यवसन न करतो, शरीराची स्वच्छता, व्यायाम, योग, नित्य व योग्य आहार घेऊन शरीर कमजोर न ठेवता आनंदी जीवन जगाचे हा संदेश तोडकर यांनी दिला.

माजी विद्यार्थी संघाने अध्यक्ष

संजय फडके यांनी अध्यक्षीय मनोगत व्यक्त केले. महाविद्यालयाने प्राचार्य डॉ. पुरुषोत्तम कुंदे यांनी प्राहण्यांचे स्वागत केले. या कार्यक्रमाचे आयोजन, उपाध्यक्ष पी.एम. दहिफळे, सचिव ए.एस. देशमुख, सहसचिव जी.बी. काळे, खजिनदार एम. बी. बाहली, उपप्राचार्य डॉ. सुभाष सुडके, आयक्यूएसी समन्वयक डॉ. खंडे वेंकू प्रा. गिनाकी यांचे यांनी केले.

कार्यक्रमात महाविद्यालयातील सर्व शिक्षक व शिक्षकत्तर कर्मचाारी न आजी न माजी विद्यार्थी आणि शेवगाव येथील नागरिक समस्त मोठ्या संख्येत उपस्थित होते. या कार्यक्रमाचे सूत्रसंचालन प्रा. आर्षा बाघ यांनी केले तर आभार माजी विद्यार्थी संघाने समन्वयक डॉ. पांडुरंग टोकरे यांनी घेतले.

समन्वयक
माजी विद्यार्थी संघ
न्यू आर्ट्स, कॉमर्स अँड सायन्स कॉलेज, शेवगाव



Co-Ordinator
IQAC
New Arts, Commerce & Science College,
Shevgaon, Dist. Ahmednagar

PRINCIPAL
New Arts, Commerce & Science College
Shevgaon, Dist. Ahmednagar

New Arts, Commerce and Science College, Shevgaon

Activity Report: "Preparation of Physical Examination for Police and Army Recruitment"

Chhatrapati Institute of Defense Academy (CIDA)

Name of Activity: "Preparation of Physical Examination for Army and Police Recruitment"			
Date	Beneficiary	Department	Coordinator Name & Contact
23/01/2022	All Faculty Students	CIDA	Mr. Gahininath Shelke 9011555213
Time	Platform	Activity for Class	Nature of Activity
6:00 am	CIDA Campus	All Eligible Students	Guest Lecture

Brief Information about the Activity:

Topic/ Subject of the Activity	"Preparation of Physical Examination for Police and Army Recruitment"
Objectives for Conducting the Activity	Objectives: <ul style="list-style-type: none">• Time management• Diet plan• Planning about Physical Test.• Consistency in study• Positive Attitude about career.
Methodology of Execution	The Chhatrapati Institute of Defense Academy (CIDA) decided to organize guest lecture on "Preparation of Physical Examination for Police Army Recruitment and." The guest lecture organized on 23/01/2022 at CIDA Campus. The Speakers of this program was Mr. Bhausahab Bhosale, Nayak, Maratha Light Infantry, India Army and also the chief guest of inauguration session. In subsequent session Mr. Bhausahab Bhosale interacted with students. Indeed, it was very beneficial activity that would help in deciding the benchmarks of quality in students. Dr. Purushotam Kunde I/C Principal, Dr. Y.S. Sudake, Vice Principal, wished to all participant students.
Outcomes of the Activity	Outcomes: <ul style="list-style-type: none">• The students understood about the practice of ground• They also understood how to maintain their diet plan• All students understood the process of physical examination.• The lecture gives positive attitude of all students.

Proofs attached to the Report:

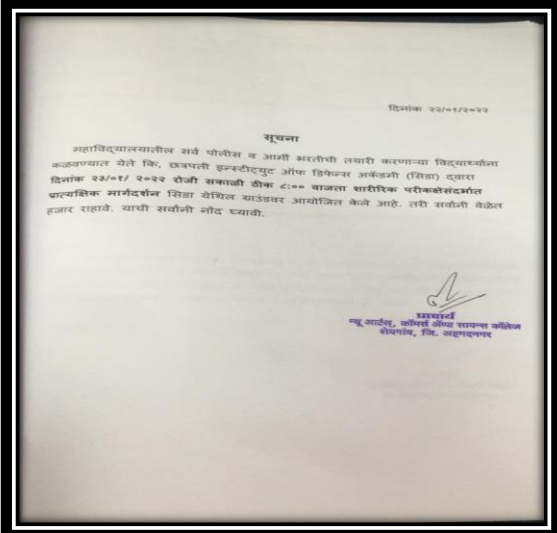
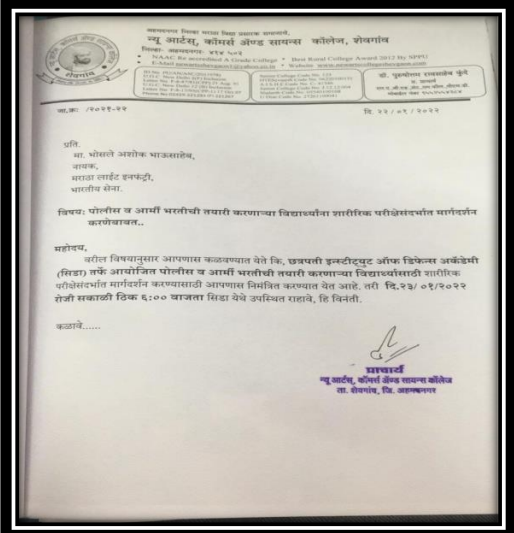

Notice	Invitation
	

Photo of the Activity

	
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Prof. Shelke G. L. Co-Ordinator




Co-Ordinator
IQAC
 New Arts, Commerce & Science College,
 Shevgaon, Dist. Ahmednagar


PRINCIPAL
 New Arts Commerce & Science College
 Shevgaon, Dist. Ahmednagar

New Arts, Commerce and Science College, Shevgaon

Activity Report: "Physical Training for Army and Police Recruitment"

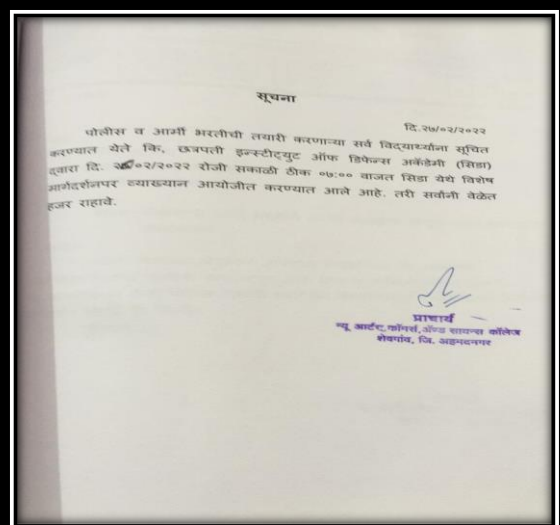
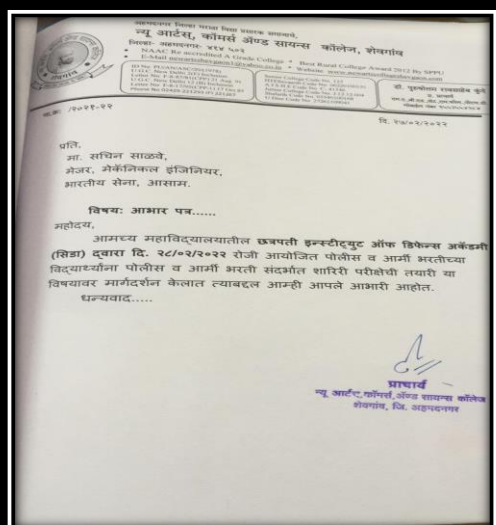


Chhatrapati Institute of Defense Academy (CIDA)

Name of the Activity: "Physical Training for Army and Police Recruitment"			
Date	Faculty	Department/ Committee	Name and Phone No. of the Coordinator
28/02/2022	All Faculty Students	CIDA	Mr. Gahininath Shelke 9011555213
Time	Venue	Activity for Class/ group & Number of Participants	Nature of the Activity
7:00 am	CIDA Campus	All Eligible Students	Practical Session

Brief Information about the Activity:

Topic/ Subject of the Activity	"Physical Training for Army and Police Recruitment"
Objectives for Conducting the Activity	<ul style="list-style-type: none">• Time management• Diet plan• Planning about Physical Test.• Consistency in study• Positive Attitude about career.
Methodology of Execution	<p>The Chhatrapati Institute of Defense Academy (CIDA) decided to organize guest lecture on "Preparation of Physical Examination for Police and Army Recruitment". The guest lecture organized on 28/02/2022 at CIDA Campus. The Speakers of this program was Mr. An Expert Lecture: Mr. Salave Sachin, Major, Mechanical Engineer, India Army, Assam and also the chief guest of inauguration session. In subsequent session Mr. Salave Sachin interacted with students. Indeed, it was very beneficial activity that would help in deciding the benchmarks of quality in students.</p> <p>Dr. Purushotam Kunde I/C Principal and Dr. Y.S. Sudake, Vice Principal, wished to all participated students.</p>
Outcomes of the Activity	<ul style="list-style-type: none">• The students understood about the practice of ground• They also understood how to maintain their diet plan• All students understood the process of physical examination.• The lecture gives positive attitude to all students.

Proofs attached to the Report:

Notice	Invitation Letter
	
Geotag Photo	Geotag Photo
	


Mr. Shelke G. L. Co-Ordinator




Co-Ordinator
IQAC
 New Arts, Commerce & Science College,
 Shevgaon, Dist. Ahmednagar


PRINCIPAL
 New Arts Commerce & Science College
 Shevgaon, Dist. Ahmednagar

New Arts, Commerce and Science College, Shevgaon

Activity Report: Yoga and Physical Fitness Workshop


Name of the Activity: Yoga and Physical Fitness Workshop			
Date	Faculty	Department/ Committee	Name and Phone No. of the Coordinator/ Convener
18 to 22 April, 2022	All	Yoga Coordinator	Dr. Shivaram M. Korade 9422727654
Time	Venue	Activity for Class/ group & Number of Participants	Nature of the Activity
7.00 to 8.00	Rajarshi Shahu Maharaj Sabhagruh	65	Yoga and Physical Fitness Workshop

Brief Information about the Activity:

Topic/ Subject of the Activity	Yoga and Physical Fitness Workshop
Objectives for Conducting the Activity	<ul style="list-style-type: none">• To make students and faculty members aware about the importance of health• To make participants know the importance of Yoga as a remedy to physical problems• To make them understand the pattern of healthy diet• To create sound mind in sound body among the students• To make students and faculty members understand Yoga as remedy for stress management
Methodology of Execution	<p>The Yoga and Physical fitness workshop was organized during 18th April to 22nd April, 2022. In this workshop Mr. Laxman Nalawade explained the importance of yoga and healthy diet to maintain the physical and mental health. The practical sessions were also organized so as the participants would learn the various Asanas of yoga and can practice it every day even after the workshop gets over.</p> <p>The workshop was inaugurated in auspicious presence of Principal Dr. Purushottam R. Kunde. Dr Shivaram Korde, Coordinator of the workshop introduced the workshop as well as mentor Mr. Laxman Nalawade During the workshop 65 participants were benefitted.</p>
Outcomes of the Activity	<ul style="list-style-type: none">• Both faculty members and students understood the importance of yoga for maintaining physical as well as mental health.• They also learned various asanas of yoga• The participant understood the pattern of healthy diet• They understood how yoga can help to lead peaceful as well as healthy life

Proofs attached to the Report:

Invitation Letter to Resource Person



अहमदनगर जिन्हा मराठा विद्या प्रसारक समाजाचे
न्यू आर्ट्स, कॉमर्स अँड सायन्स कॉलेज, शेवगाव
 विना- अहमदनगर ४१४५०२
 * NAAC Re-accredited A Grade College * Best Rural College Award 2012 By SPPU
 * E-Mail: newartscollege@gmail.com * Website: www.newartscollegegroup.com

आचार्यक प्रार्थनांक- ३१/३/२०२२-२३ दिनांक २४/०४/२०२२


प्रति,
 मा. लक्ष्मणराव नंलावडे,
 योग शिक्षक,
 शेवगाव, ता- शेवगाव जि- अहमदनगर
 ४१४५०२

विषय :- सात दिवसीय योग व प्राणायाम शिबिरात मार्गदर्शन करणे खातीर..

महोदय,
 आगमनात विनमरी आहे की, महाविद्यालयामध्ये दि. २४ एप्रिल, २०२२ ते दि. २२ एप्रिल, २०२२ या कालावधीत योग व प्राणायाम शिबिराचे आयोजन केले आहे. तरी स्थानिकतेने आपणा महाविद्यालयामेक येऊन सर्व विद्यार्थी व महाविद्यालयामधील शिक्षक व शिक्षकेतर स्वेच्छाने योगात्मकतेने प्रत्येकीकामाने मार्गदर्शन करून सहकार्य करावे, ही विनंती.

काळजी,
 शिवराम कोरे
 आचार्य
 न्यू आर्ट्स, कॉमर्स अँड सायन्स कॉलेज
 शेवगाव, जि. अहमदनगर

Gratitude Letter



अहमदनगर जिन्हा मराठा विद्या प्रसारक समाजाचे
न्यू आर्ट्स, कॉमर्स अँड सायन्स कॉलेज, शेवगाव
 विना- अहमदनगर ४१४५०२
 * NAAC Re-accredited A Grade College * Best Rural College Award 2012 By SPPU
 * E-Mail: newartscollege@gmail.com * Website: www.newartscollegegroup.com

जा.क्र.: / २०२२-२३ दि. २९/४/२०२२


प्रति,
 मा. लक्ष्मणराव नंलावडे,
 योग शिक्षक शेवगाव,
 ता. शेवगाव, जि. अहमदनगर.

विषय- सात दिवसीय योग व प्राणायाम शिबिरात मार्गदर्शन केल्याबद्दल आभार.....

महोदय,
 आम्ह्या महाविद्यालयामध्ये दि. १८/०४/२०२२ ते २४/०४/२०२२ या कालावधीत अंतर्गत गुणवत्ता हमी कक्ष व शारीरिक क्षमता विकास कार्यक्रमात अंतर्गत सात दिवसीय योग व प्राणायाम शिबिराचे आयोजन केले होते. या कार्यक्रमास आपण मार्गदर्शन केले. आपल्या समृद्ध ज्ञानाने व अनुभवाने आमच्या महाविद्यालयामधील प्राध्यापक व कार्यरत शिबिरात योग आणि विद्यार्थी यांना शारीरिक मार्गदर्शन करून घरीर निरोगी राहण्यासाठी प्रेरणा दिली. याबद्दल महाविद्यालयामध्ये वतीने आपले धातया आभार भविष्यातही अथाप सहकार्याची अपेक्षा बाळगता.

काळजी
 आपला विश्वरू
 न्यू आर्ट्स, कॉमर्स अँड सायन्स कॉलेज
 शेवगाव, ता. शेवगाव, जि. अहमदनगर


Brochure of the Activity



अहमदनगर जिन्हा मराठा विद्या प्रसारक समाजाचे
न्यू आर्ट्स कॉमर्स अँड सायन्स कॉलेज, शेवगाव
 ता. शेवगाव जि. अ. नगर ४१४५०२
 अंतर्गत गुणवत्ता हमीकक्ष व शारीरिक क्षमता विकास कार्यक्रम अंतर्गत

सात दिवसीय योग व प्राणायाम शिबीर
 दिनांक : १८/०४/२०२२ ते २४/०४/२०२२
 वेळ- सकाळी ७:०० ते ८:००

स्थळ - राजर्षी शाहू महाराज सभागृह



अध्यक्ष - प्रार्थवी डॉ. पुरुषोत्तम कुंदे
 प्रमुख मार्गदर्शक - श्री. लक्ष्मण नंलावडे (योग शिक्षक)

डॉ. शिवराम कोरे समन्वयक डॉ. रवींद्र वैद्य IQAC समन्वयक डॉ. युवराज सुंके उपचारक

टीप : सात दिवसीय हे विद्यार्थी व महाविद्यालयीन स्टाफ या सर्वांसाठी मोफत आहे.

Certificate Given to Participants



अहमदनगर जिन्हा मराठा विद्या प्रसारक समाजाचे
न्यू आर्ट्स, कॉमर्स अँड सायन्स कॉलेज, शेवगाव
 ता. शेवगाव जि. अहमदनगर ४१४५०२
 सार्वत्रिक गुणवत्ता हमी कक्ष व शारीरिक क्षमता विकास कार्यक्रम अंतर्गत
 नैतिक गुणवत्ता हमी कक्ष व ISO मानक प्राप्त RUSA प्रामाणिक महाविद्यालय

प्रमाणपत्र

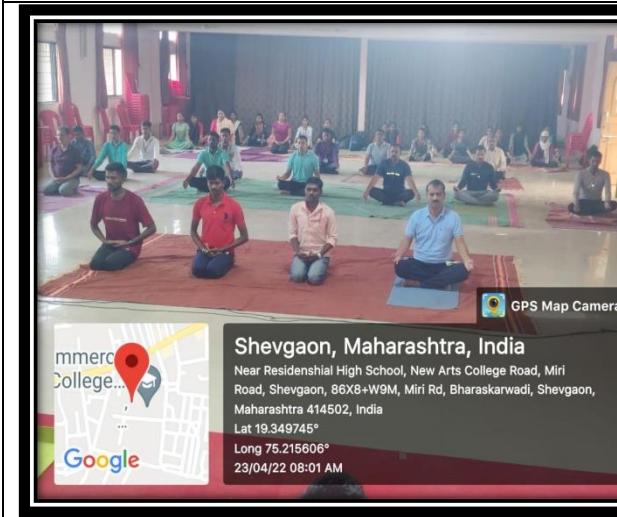
अंतर्गत गुणवत्ता हमीकक्ष व शारीरिक क्षमता विकास कार्यक्रम अंतर्गत
॥ सात दिवसीय योग व प्राणायाम शिबीर ॥

श्री./कु./श्रीम. _____
 अंतर्गत गुणवत्ता हमीकक्ष व शारीरिक क्षमता विकास 'सात दिवसीय योग व प्राणायाम शिबीर'
 दि. १८/०४/२०२२ ते दि. २२/०४/२०२२ पर्यंतच्या शिबिरात आपण सक्रिय सहभाग घेतून उपस्थित राहिलात. त्याबद्दल आपणास हे प्रमाणपत्र देतून गौरवित्यात येत आहे.

डॉ. शिवराम कोरे डॉ. रवींद्र वैद्य डॉ. पुरुषोत्तम कुंदे
 योग समन्वयक, समन्वयक IQAC, समन्वयक उपचारक



Participants in Action



Dr. Korade-S.M.



[Signature]
Co-Ordinator
IQAC

New Arts, Commerce & Science College,
 Shevgaon, Dist. Ahmednagar

[Signature]
PRINCIPAL

New Arts, Commerce & Science College,
 Shevgaon, Dist. Ahmednagar

Ahmednagar Jilha Maratha Vidya Prasarak Samaj's

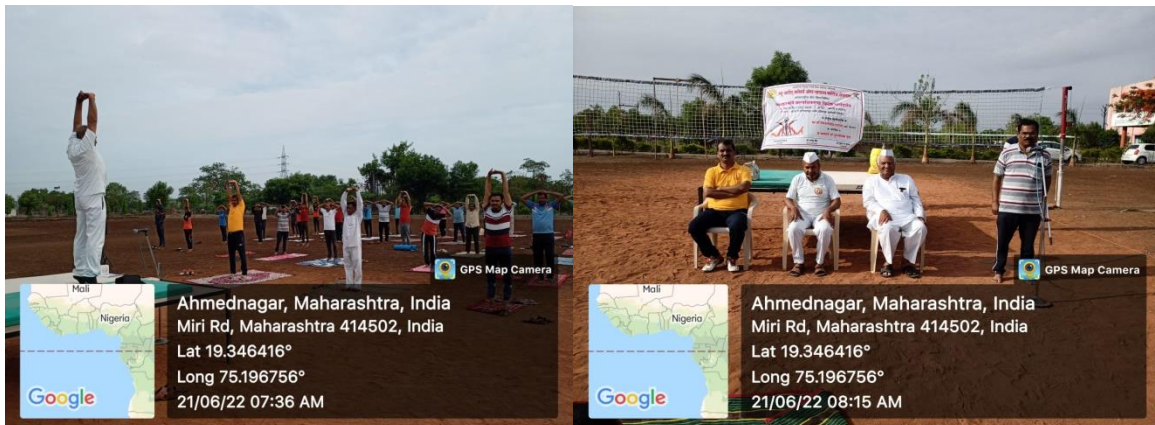
New Arts, Commerce and Science College, Shevgaon


Activity Report: Celebration of International Yoga Day

Name of the Activity: Celebration of International Yoga Day , Year- 2021-22

Date- 21/06/2022 Location: - CIDA Ground

On the occasion of International Yoga Day, 21st June 2022 at seven o'clock in the morning at CIDA Ground in college campus. Dr. Kharat Bhausaheb, yoga teacher guided lecture along with Yoga and Pranayama demonstration. Mr. Bapusaheb Bhosale, College Local Management Committee Member, College Principal, Faculty, office staff and students of the college participated in this program.




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New Arts, Commerce and Science College, Shevgaon

Activity Report “Seven Day’s Fitness Awareness Workshop”

Chhatrapati Institute of Defense Academy (CIDA)

Name of the Activity: “Seven Day’s Fitness Awareness Workshop”			
Date	Faculty	Department/ Committee	Name and Phone No. of the Coordinator
21/08/2022 to 27/08/2022	All Faculty Students	Chhatrapati Institute of Defense Academy (CIDA)	Prof. G. L. Shelke 9011555213
Time	Venue	Activity for Class/ group & Number of Participants	Nature of the Activity
11:00 am	CIDA Ground	All Graduation Students 30	Fitness Workshop

Brief Information about the Activity:

Topic/ Subject of the Activity	“Seven Day’s Fitness Awareness Workshop”
Objectives for Conducting the Activity	<ul style="list-style-type: none">• To aware the students about fitness• Students come to know about Yoga• Students understood the benefits of meditation• Students come to know the techniques of physical exercise
Methodology of Execution	Chhatrapati Institute of defense academy organized Workshop on “Fitness Awareness Workshop” for all faculty students who preparing competitive examination. Accordingly, on 21/08/2022 Nalawade Laxman the Yogacharya was invited as a guest. He gave the information about the Yoga and taken some practices of Yoga. It was the first day of the workshop. Dr. P. R. Kunde I/C Principal of the college was presided as a chairperson of the inauguration session. The second and third day all students practiced the yoga. Fourth and fifth day of the workshop students practiced the meditation also Mr. Nalawade guided to them meantime of workshop. Sixth and seventh day the ex. Students of college, now working in Indian Army guided to students about exercise and taken the practice of that. The Co-Ordinator of this workshop Mr. Shelke G. L. introduced the Function and the chief guest while Mr. Ram Kedar proposed vote of thanks.
Outcomes of the Activity	<ul style="list-style-type: none">• All students understood how to manage their time for preparation of competitive examination.• They also understood which sources are useful and informative.• All students understood the process and nature of competitive examination.• The lecture gives positive attitude of all students.

Proofs attached to the Report:

Invitation Letter	Notice

Activity Photo

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<p>Mr. Shelke G. L. Co-Ordinator</p>		<p>Co-Ordinator IQAC New Arts, Commerce & Science College, Shevgaon, Dist. Ahmednagar</p>	<p>PRINCIPAL New Art's Commerce & Science College Shevgaon, Dist. Ahmednagar</p>
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New Arts, Commerce and Science College, Shevgaon

Activity Report “Introduction to Police and Army Recruitment”

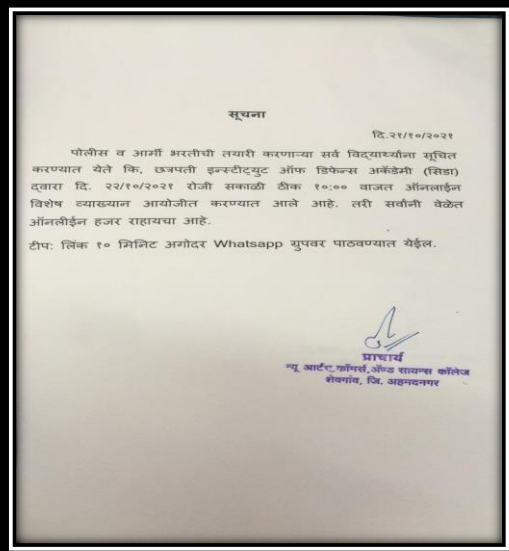
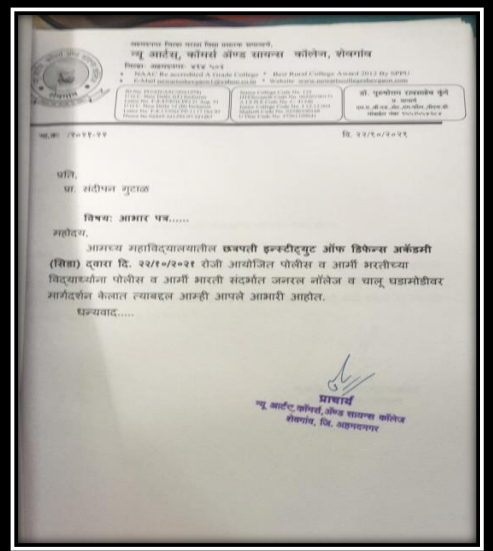
Chhatrapati Institute of Defense Academy (CIDA)

Name of the Activity: “Introduction to Police and Army Recruitment”			
Date	Faculty	Department/ Committee	Name and Phone No. of the Coordinator
22/10/2021	All Faculty Students	CIDA	Mr. Gahininath Shelke 9011555213
Time	Venue	Activity for Class/ group & Number of Participants	Nature of the Activity
10: 00 am	Google Meet	All Eligible Students/ 45	Workshop

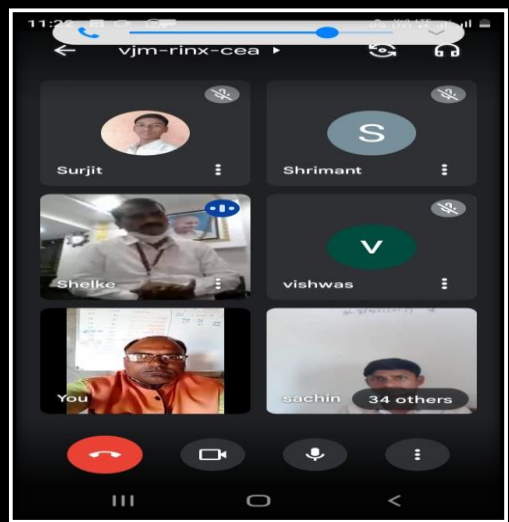
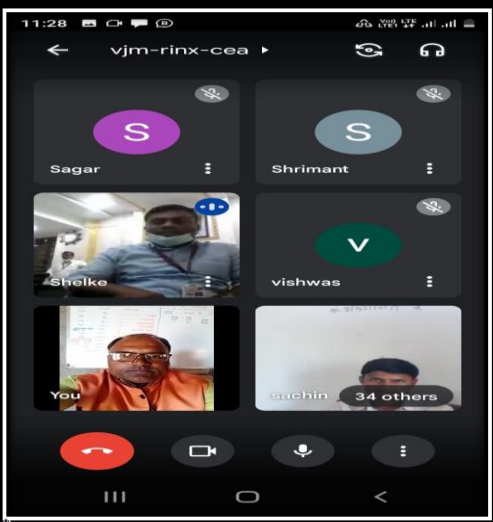
Brief Information about the Activity:


Topic/ Subject of the Activity	“How to Prepare to Police and Army Recruitment”
Objectives for Conducting the Activity	<ul style="list-style-type: none">• Time management• Diet plan• Planning about Physical Test.• Consistency in study• Positive Attitude about career.
Methodology of Execution	<p>The Chhatrapati Institute of Defense Academy (CIDA) decided to organize guest lecture on “Preparation of Police and Army Recruitment”. The guest lecture organized on 22/10/2021 at Google Meet Platform. The Speakers of this program was Mr. Sandipan Ghutal & Mr. Sachin Fadatar. Both of these guests spoken on the nature of police and army bharti written & physical examination. The technique of solving the paper. They also focused on the physical test. Diet plan, the importance of our daily practices they pointed out. Both the guests have interacted with students. Indeed, it was very beneficial activity that would help in deciding the benchmarks of quality in students.</p> <p>Dr. Purushotam Kunde I/C Principal and Dr. Y.S. Sudake, Vice Principal, wished to all participated students.</p>
Outcomes of the Activity	<ul style="list-style-type: none">• The students understood about the practice of ground• They also understood how to maintain their diet plan• All students understood the process of physical examination.• The lecture gives positive attitude of all students.• They understood about the source material for written examination.

Proofs attached to the Report:

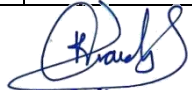
Notice	Invitation
	

Google Meet Screen Shot Photo

	
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Prof. Shelke G. L.
 Co-Ordinatore




Co-Ordinator
IQAC
 New Arts, Commerce & Science College,
 Shevgaon, Dist. Ahmednagar


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New Arts, Commerce and Science College, Shevgaon

Activity Report: "Preparation for Police and Army Physical Examination"

Chhatrapati Institute of Defense Academy (CIDA)

Name of the Activity: "Preparation for Police and Army Physical Examination"			
Date	Faculty	Department/ Committee	Name and Phone No. of the Coordinator
16/11/2021	All Faculty Students	Chhatrapati Institute of Defense Academy (CIDA)	Mr. GahininathShelke 9011555213
Time	Venue	Activity for Class/ group & Number of Participants	Nature of the Activity
10: 00 am to 1 pm	CIDA Campus	All Eligible Students/ 70	Guest Lecture

Brief Information about the Activity:

Topic/ Subject of the Activity	"police and Army physical examination"
Objectives for Conducting the Activity	<ul style="list-style-type: none">• Time management• Diet plan• Planning about Physical Test.• Consistency in study• Positive Attitude about career.
Methodology of Execution	<p>The Chhatrapati Institute of Defense Academy (CIDA) decided to organize guest lecture on "police and Army physical examination". The guest lecture organized on 16/11/2021 at CIDA Campus. The Speakers of this program was Mr. Krushna Vadane(Ghatak Commando, Maratha Jammu & Kashmir. Mr. Krushna discussed with student about the physical fitness. Diet plan, the importance of our daily practices they pointed out.Mr. Krushna suggested to students to maintain physically and mentally their selves. Some physical activity shown by the guest. Indeed, it was very beneficial activity that would help in deciding the benchmarks of quality in students.</p> <p>Dr. Purushotam Kunde I/C Principal and Dr. Y.S. Sudake, Vice Principal, wished to all participated students.</p>
Outcomes of the Activity	<ul style="list-style-type: none">• The students understood about the practice of ground• They also understood how to maintain their diet plan• All students understood the process of physical examination.• The lecture gives positive attitude of all students.• They understood about the source material for written examination.

Proofs attached to the Report:

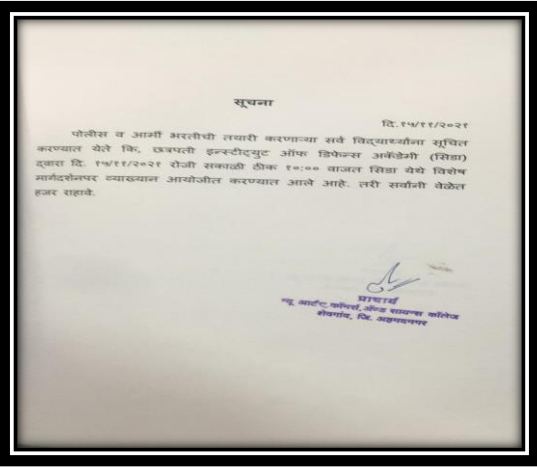
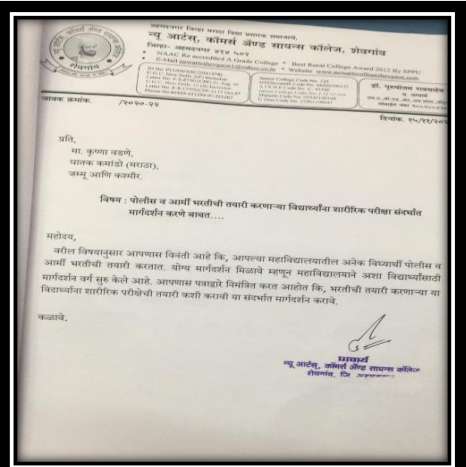

Notice	Invitation
	

Photo of the Activity




Prof. Shelke G. L.
 Co-Ordinator




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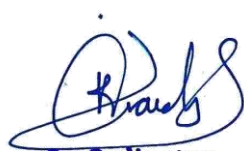
Activity Report: Celebration of International Yoga Day

Name of the Activity: Celebration of International Yoga Day, Year- 2020-21

Date- 21/06/2020 Location: - Rajarshi Shahu Maharaj Sabhagruh

Like every year, the International Yoga Day in the college will be held on 21st June 2020 at seven o'clock in the morning at Rajarshi Shahu Maharaj Sabhagruh, here Shri. Laximan Nalawade demonstration about Yoga and Pranayama and gave information about it. Principal, Faculty, office staff and students of the college participated in this program.





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New Arts, Commerce and Science College, Shevgaon

Activity Report: Celebration of International Yoga Day

Name of the Activity: Celebration of International Yoga Day

Year- 2019-20

Date- 21/06/2019

Venue: Rajarshi Shahu Maharaj Sabhagruh

Like every year, the International Yoga Day in the college will be held on 21st June 2019 at seven o'clock in the morning at Rajarshi Shahu Maharaj Sabhagruh, here Shri. Darwade R. S. demonstration about Yoga and Pranayama and gave information about it. Principal, Faculty, office staff and students of the college participated in this program.



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New Arts, Commerce and Science College, Shevgaon

Activity Report: Celebration of International Yoga Day

Name of the Activity: Celebration of International Yoga Day,

Year- 2018-19

Date- 21/06/2018 Location: - Rajarshi Shahu Maharaj Sabhagruh

International Yoga Day was celebrated in the college on 21st June 2018 at 7.00 am o'clock in the morning at Rajarshi Shahu Maharaj Sabhagruh, Prof. Dada Lokhande gave information about Yoga and Pranayama along with the participants. In this celebration Principal, Faculty, office staff and students of the college participated.



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